Further information

For further information on water safety visit:

www.manchesterfire.gov.uk

www.rospa.com

www.nationalwatersafety.org.uk

For free home safety advice, call us now on freephone

0800 555 815

Reference: FSC0041B
Water safety advice

As temperatures rise, it's tempting to cool off with a swim in a river, canal, lake or reservoir. Greater Manchester Fire and Rescue Service is regularly called to rescue people who have got into trouble in the water.

**What are the dangers?**

- There is no supervision.
- The cold water temperature can claim your life in minutes - even if you are a strong swimmer.
- It’s difficult to estimate the depth of the water. It may be much deeper or much shallower than expected.
- There are often no suitable places to get out of the water due to steep slimy banks or sides.
- There is no way of knowing what lies beneath - there could be weeds, pipes, shopping trolleys, sharp metal or broken bottles.
- Swimming in open water can lead to a variety of serious illnesses.
- There may be hidden currents. Flowing water or swimming in the sea can be especially dangerous.
- Alcohol and swimming don’t mix – perception and capability are both affected by drinking.

**What should I do if I see someone in difficulty?**
Alert someone, preferably a lifeguard. Or, dial 999 and ask for the fire and rescue service. Explain your location clearly and describe any landmarks.

Enjoy the water safely this summer

- Swim somewhere safe - the swimming baths.
- Obey the warning signs around reservoirs, lakes, canals, rivers and at the beach.
- Value your own safety first - jumping into the water to rescue pets or belongings can be highly dangerous.
- Know what to do in an emergency - ring 999 and ask for the fire and rescue service. Explain your location clearly and describe any landmarks.
- Enjoy organised water sports in a safe environment - with the correct equipment and a qualified instructor.

Have fun at your local swimming pool

**Dying for a dip?**

**Don't risk it - be safe around water**