The Whole School and College Approach to emotional health and mental wellbeing in Oldham

WE JUST WANT TO MAKE SURE HE'S OK...

LET'S WORK TOGETHER.

Key Partners and Quality Assurance Process
Key Partner Organisations
(Please be aware that individual agency offers to schools can change or develop over time)

Early Help Service

Email: EarlyHelp.Team@oldham.gov.uk
Phone: 0161 770 7777 opt. 1
Works with: Pupils, Families, Staff support/Training

We work across all ages, with any member of a household, providing support with a range of issues including: health, mental health, substance use, debt, housing, employment and education.
We work alongside families and schools to develop practical and achievable action plans, allowing families and individuals to work towards the outcomes they have identified.

Educational & Child Psychology Service

Website: https://oldhamservices.co.uk/acns/
Email: acns@oldham.gov.uk
Phone: 0161 770 3110
Works with: Pupils, Staff support/training

We apply psychological theory and practice to enhance the learning, development, and well-being of all children and young people. We do this through consultation, delivering training, individual assessment, therapeutic involvement, research projects, and/or providing strategic support (such as policy development).

Education Support Partnership

Website: https://www.educationsupportpartnership.org.uk/
Phone: 0207 697 2750
Helpine: 0800 0562 561
Works with: Staff support/Training

The UK's only charity providing mental health and wellbeing support services to education staff and organisations. We provide a free and confidential, 24 hour helpline with access to trained counsellors. Our grant service helps staff, or those retired from education experiencing short-term financial issues.
We also offer various services to education organisations, including training and professional development.
Family Information Service (FIS)

Website:  www.oldham.gov.uk/FIS
Email:  familyinfo@oldham.gov.uk
Works with:  Information for parents/carers

The Family Information Service provides free, impartial, up-to-date information to support parents/carers with children and young people aged 0-19 years (up to 25 with additional needs), and prospective parents. Information is provided on a range of services including: childcare; local and national services; financial support; choosing and applying for school places and programmes such as Get Oldham Working.

The FIS also provides a childcare brokerage service, which offers additional support to find suitable childcare. This service is available to everyone but priority is given in certain circumstances, such as: parents requiring emergency childcare at short notice; carers of looked after children; single parents and those of children with additional educational needs.

Health Watch

Website:  https://www.healthwatcholdham.co.uk/
Email:  info@healthwatcholdham.co.uk
Phone:  0161 622 5700
Works with:  Service users of all ages

The role of Healthwatch Oldham (HWO) is to provide an independent consumer voice for local people using NHS and social care services in Oldham. The services we cover range from GP practices, dentists, hospital based services and pharmacies, to social care services covering care homes, reablement and ongoing care particularly where Continuing Healthcare Funding is involved.

Healthwatch was set up in 2012 as part of the Government’s Health and Social Care Act. It has a number of statutory and discretionary functions and its role can be summarised as providing: Insight; Information; NHS Complaints Advocacy Service & Influence.

Healthwatch Oldham delivers all these functions through a combination of:

- Quarterly Health and Wellbeing Forums and community outreach sessions.
- Confidential one to one casework interviews for NHS complaints or signposting.
- Membership on a range of local and regional strategic decision-making bodies.
- Statutory Enter and View functions within hospitals, care home, nursing homes, and day centres.
- Producing detailed service reviews to highlight the patient and family experience.
- Healthwatch engagement network and regular health and social care e-bulletins.
- Working in partnership with services across the voluntary, community and statutory sectors.
Pennine Care’s Healthy Young Minds services (previously known as CAMHS) are committed to providing a comprehensive and targeted intervention service, delivered in the heart of our communities, which positively aims to promote the emotional and psychological wellbeing of our children and young people.

The CAMHS directorate, including Healthy Young Minds community services and our Hope and Horizon inpatient units, is committed to developing our connections with other local services such as social care, paediatrics, education, health and the voluntary sector.

Laura Langhorn (Emotional Wellbeing Practitioner): llanghorn@nhs.net
Phone: 0161 770 8366

Works with: Pupils, Families, Staff support/Training

I am employed by Healthy Young Minds as an Emotional Wellbeing Practitioner to work between School Nurses, Schools & Healthy Young Minds.
I work between services to support early identification & appropriate intervention of children & young people who may be struggling emotionally.
I support school nurses with completing emotional health assessments & carrying out brief interventions; offer assistance with appropriate signposting; support school & health staff with accessing useful resources; help schools to implement the Whole School Mental Health Framework; offer consultation to school nurses & schools; provide training, as requested, to school nurses & schools; raise awareness of mental health & reducing stigma. I also design & run (in conjunction with school) therapeutic groups, utilising evidence-based practice.
Inclusion Service & Post 16 Service

Website:  https://oldhamservices.co.uk/inclusion/
Email:  sais@oldham.gov.uk
Phone:  0161 770 6620 / 6621
Works with:  Staff support/coaching for pupil inclusion – primary & secondary

We offer advice to schools in the areas of: attendance, fair access, exclusions, educated at home and children missing in education.
This might include advice and guidance for staff/governors or parents as well as direct work with pupils.

K.O.G.S. (Keeping our Girls Safe)

Website:  https://www.kogs.org.uk/
Email:  K.O.G.S@hotmail.co.uk
Phone:  07491 068 364
Works with:  Pupils, (do you also offer staff training? Do you work with families?)

Established in 2011 KOGS is a registered charity, set up to address the gaps in the service provision available to young people around prevention and early intervention. We seek to educate young people on unhealthy relationships and support those that had been groomed or exploited in a holistic way, including peer mentoring and one-to-one support.
KOGS are based in Oldham and work across Greater Manchester. Our work is outreach as we believe that young people work better in familiar environments. We work in schools, colleges, youth centres and within communities.
We offer educational programmes that are interactive and engaging, and provide young people with a positive outlet to explore topics such as unhealthy relationships, abuse, CSE and risks. Some of the programmes we offer are accredited which allows the young people participating to achieve a recognised qualification which can be topped up with additional activities.
Kooth

Website:  https://kooth.com/
Local Integration & Participation Worker: Dez Wilson
Email:  dwilson@xenzone.com
Phone (local area contact):  07930 532 639
Works with:  Pupils (11-25)

Free, safe anonymous, online support for young people (up to 25). Kooth gives children and young people easy access to an online community of peers and a team of experienced counsellors. Access is free of the typical barriers to support: no waiting lists, no cost and complete anonymity. Launched in 2004 and accredited by the British Association of Counselling and Psychotherapy, over 1500 children and young people from across the country log in to Kooth every day.
Accessible through mobile, laptop and desktop and commissioned to be free at the point of use for young people in Oldham, Kooth is a powerful early prevention and treatment resource which young people are keen to use, and our safeguarding policies are paramount and strictly maintained.
Assemblies and workshops are also offered within schools by local workers.

Local Offer

Website:  www.oldham.gov.uk/localoffer
Email:  local.offer@oldham.gov.uk
Works with:  Information for parents/carers

Oldham’s Local Offer is an online resource providing support and guidance to families with children and young people aged 0-25 with Special Educational Needs and Disabilities. It contains a wealth of information about local and national services.
The Local Offer includes information on: how to find and access local support groups; social care provision; health care services; SEND provision by every school in Oldham, both mainstream and specialist; specialist provision outside the Oldham area where this is being used by local children with SEND; teaching approaches and adaptations to curriculum; school transport; information on eligibility to access funding and benefits; support available to children and young people to help them prepare for adulthood; employment and volunteering opportunities.
Whilst the Local Offer is a statutory requirement for families of children with SEND, it should be noted that is a useful source of information for all parents within the local area and should be promoted as such.
The LSCB is a statutory body with responsibility to coordinate and ensure the effectiveness of the multi-agency response to safeguarding children in the local area. The LSCB team can offer support to all education establishments in relation to your responsibilities under Keeping Children Safe in Education, dealing with allegations against professionals and delivering relationship and sex education to pupils and parents.

Mahdlo Youth Zone

State of the art youth zone in the heart of Oldham for 8-19 year olds (up to 25 for young people with a disability). Open 7 days a week, 52 weeks a year, we offer an exciting range of activities and opportunities that all young people from across the borough can access for just 50p as a member.

We offer targeted group work (this has included knife crime reduction, employment and enterprise and work with young people not in education, employment or training). We also offer an alternative provision. We offer sports, arts, one-to-one mentoring, duke of Edinburgh and work with young people with additional needs and disabilities. We also offer a safe social space for all young people. Schools have done sports days and activities and we have a comprehensive training programme for staff.
Oldham Community Leisure

Website:  https://oclactive.co.uk/
Email:  info@ocll.co.uk
Phone:  0161 207 7000

Oldham Pledge

Website:  www.theoldhampledge.co.uk
Email:  Suzy: suzy.ashworth@oldham.gov.uk
        Lorna: lp@hathershaw.org.uk
Phone:  Suzy: 07708 764811  Lorna: 07967 715485

The Oldham Pledge will provide and promote opportunities for children and young people to develop key character traits supporting every child to be school ready, life ready and work ready.
Suicide is the biggest killer of young people in the UK. Paypyrus exists to reduce the number of young people who take their own lives by shattering the stigma around suicide and equipping young people and their communities with the skills to recognise and respond to suicidal behaviour.

We provide confidential help and advice to young people struggling with thoughts of suicide, and to anyone worried about a young person through our helpline, HOPELINEUK.

We engage communities and volunteers in suicide prevention projects, and help others to prevent young suicide by working with and training professionals, including school staff, with suicide prevention skills.

We aim to shape national social policy and contribute to local and regional suicide prevention strategies wherever we can.

POINT

POINT aspire to an inclusive community and society without compromise, where all children and young people with additional needs and/or disabilities are treated equally and fairly.

POINT Delivers a range of information, advice and support services for and with families of children and young people who have or may have SEND. POINT provide access to meaningful information, advice and peer support whilst enabling parents’ voices to be heard and drive change. POINT’s current services include:

- Oldham Parent Carer Forum
- Oldham SEND Information Advice Support Service
- SEND Training and Workshops Service
- SEND Mediation and Disagreement Resolution Service
- Ability Wheelz Inclusive Cycling Activity.

Further information and service contact details can be found on point’s website.
Positive Steps

Website: www.positive-steps.org.uk
Email: info@positive-steps.co.uk
Phone: 0161 621 9400
Works with: Pupils, Parents, Staff Wellbeing, Staff Training

We are a charitable trust that delivers a range of universal, selected and targeted support for pupils, parents, families and staff. These projects include: Young Carers, Young Person’s Sexual Health and Substance Misuse, Family Support and Careers Guidance. We also offer staff training programmes.

The Proud Trust

Website: https://www.theproudtrust.org/
Email: info@theproudtrust.org
Phone: 0161 660 3347
Works with: Pupils, Parents, Staff Support/Training

The Proud Trust is a life saving and life enhancing organisation, which helps young people empower themselves to make a positive change for themselves and their communities. We do this through youth groups, peer support, managing the LGBT Centre for Manchester, delivering training and events, campaigns, undertaking research and creating resources. As well as offering one-to-one support for LGBT+ young people, we can also offer whole school workshops, INSETs, training for teachers and the Rainbow Flag Award: a national quality assurance framework for LGBT+ inclusion and visibility which allows for a bespoke package tailored to the needs of individual schools. There are also free resources available for teachers to utilise on our website, and guidance for setting up LGBT+ groups within schools.

We are commissioned to run Youth Out, an LGBT+ Youth group which takes place on Tuesdays, 4.30-6pm at the Link Centre on Union Street.
QEST (Quality & Effectiveness Support Team)

Email: pam.hutchinson@oldham.gov.uk
Phone: 0161 770 3110
Works with: Pupils and Staff Support/Training

We are a team of advisory specialist teachers and specialist teaching assistants who work with pupils and staff in Early Years settings, schools and academies to improve outcomes for pupils with special educational needs and disabilities.
We are able to provide assessments, training, advice and guidance, covering a range of learning needs including: Autistic Spectrum Conditions, Down Syndrome, Dyslexia, Dyspraxia, Speech, Language and Communication needs, Literacy and Maths difficulties and emotional well-being.
We are the Autism Education Trust’s (AET) NW Regional Hub for autism training in schools.

SEMHS (Social, Emotional, Mental Health Support)

Email: claire.taylor@oldham.gov.uk
Phone: 0161 770 4485
Works with: Staff Support/Coaching for pupil inclusion – primary only

Our aim is to support the staff in schools to explore any blocks to learning and improve the inclusion and outcomes for vulnerable pupils, particularly those at risk of exclusion. We do this by supporting colleagues with assessment, intervention and evaluation of provision for their most vulnerable pupils.
SEMHS work collaboratively with our school colleagues offering advice, modelling and coaching, according to staff and school needs. Although work focusses on pupil inclusion, with measure progress against targets using staff skill and confidence ratings. The SEMHS team also ensures all primary permanently excluded pupils have access to continued education during the appeals process.
Sensory and Physical Support Service

Email: acns@oldham.gov.uk
Phone: 0161 770 3110
Works with: Staff Support/Coaching for pupil inclusion – primary only

The Sensory and Physical Support Service is a specialist service, held centrally by Oldham Council, for children and young people who have hearing, vision or physical needs. The team comprises of qualified teachers, specialist support assistants and a moving and handling advisor and provides direct teaching, advice and support to children, young people, schools, families and other agencies.

Team leaders can be contacted on:
Visual Impairment: joanne.jones@oldham.gov.uk
Hearing Impairment: clare.prior@oldham.gov.uk
Physical Disability keryn.green@oldham.gov.uk

Sports Development Service

Website: www.oldhamservices.co.uk/sports/
Email: anna.shiels@oldham.gov.uk
Phone: 0161 770 4051
Works with: universal, targeted, staff wellbeing, parents

Sport Development offer a range of services across the Borough to increase levels of physical activity, support healthy lifestyles and support emotional health and mental wellbeing. The service delivers a universal offer to schools, as well as targeted sessions and parent engagement sessions. Tailor made packages can be discussed to meet the needs of the school.

Tameside, Oldham & Glossop Mind: Youth in Mind

Website: www.togmind.org
Email: schools@togmind.org
Phone: 0161 330 9223
Works with: Young people aged 8-18 living in Oldham or attending an Oldham school

We can offer drop in sessions, one-to-one early intervention, counselling, therapeutic courses, educational/awareness raising workshops and assemblies. To find out if your school is eligible to access any of the above services, please email us.
To access services in the community, please attend a drop in with us on Thursday evening at Positive Steps between 4pm-8pm or call for more info.
Oldham Youth Service

Website:  www.oldhamyc.com
Email:  Jodie.barber@oldham.gov.uk
Phone:  0161 770 3116

Providing positive activities for young people including one-to-one and group work. We promote youth voice and participation through a range of methods and holistic youth support.
We can also provide targeted activates with a specific focus.

0-19 Right Start & School Nursing Team

Kay Thomas (Clinical Manager):  0161 770 8404
Suzanne Ferguson (Team Leader):  0161 770 3337

Oldham, Failsworth & Chadderton Team:  01924 280 7621 / 7630
Oldham West, Royton, Shaw & Crompton Team: 0161 770 3337
Oldham Eat, Lees & Saddleworth Team:  0161 770 8366

School Nurses are public health nurses who lead and deliver the Healthy Child Programme for school-aged children and young people. The teams work in partnership with children/young people and their families to address health needs and promote health and wellbeing, with a focus on early help and support.
Each school has a named School Nurse, who promotes health and emotional wellbeing within schools and in the community by: developing school health plans; being available to address in confidence, any concerns about a child’s health; providing advice to help children make positive health choices; assessing the health of year 6 pupils prior to transition to high school; supporting young people with particular health needs and providing training to education staff to manage these; delivering classroom-based health education; delivering immunisation programmes; working with other agencies to safeguard and protect young people; delivering the national child measurement programme.
Although School Nurses offer a confidential service to young people, there are times when the School Nurse may need to share information. Depending on their age and level of understanding, young people may be able to give their own consent to talk with a health professionals.
We are currently working to develop our service offer to schools – please contact us for more information.

(Please be aware that individual agency offers to schools can change or develop over time)